

Creative Coaching Group



REGION 35 ***FINDING YOUR OVERTONE*** Coaching with Jan Carley, Inner Coach of Barbershop

Short description

Inner Coach of Barbershop, Jan Carley, will kick start your journey to go beyond what you dreamed possible. Jan's inspiring and interactive workshops for choruses and leadership teams are based on her new book, *Finding your Overtone* and will incorporate inner mastery principles from her first book, *Harmony from the Inside Out*. Your chorus life will never be the same.

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Are you ready to create something greater than you ever thought possible? In interactive workshops based on her new book, *Finding Your Overtone – A Guide to Personal and Organizational Success*, Inner Coach of Barbershop Jan Carley will kick start your journey to guide you to find your magical overtone. Learn the essential ingredients of the overtone foundation for your life or chorus, the generative approach that will move you from thought to action, and how to tap into the most important ingredient of success (hint: it's something you already have!) These workshops will begin the most important journey of your life.

BIO JAN CARLEY

Known as the *Inner Coach of Barbershop*, Jan has been inspiring the extraordinary with individuals, teams and organizations worldwide since 2007. She is a Professional Certified Executive Coach credentialed with the International Coach Federation. Through her coaching company, Creative Coaching Group, she coaches individuals and teams to maximize their potential by 'working from the inside out'. Her first book, *Harmony from the Inside Out*, captured the attention of barbershoppers worldwide as they felt the immediate benefits of paying attention to the 'inner mastery' components of their barbershop life. Her new book, *Finding Your Overtone – A Guide for Personal and Organizational Success*, uses the metaphor of an overtone and applies it to a system for alignment and balance of all the parts to take you beyond what is seemingly possible.

Jan is a long-time Sweet Adeline, singing lead with the International top-ten Lions Gate Chorus from Vancouver, BC Canada since 1994. She also is lead of the popular holiday quartet, Fandango (winners of the 2014 Audience Choice Award). She is active in Lions Gate Chorus creatively (creator of the popular Urban Jungle Finals package at Vegas International 2015), and has been artistic director of many of Lions Gate Chorus' big productions. She has acted as Inner Coach for Lions Gate since 2007 and was instrumental in shifting them from 12th to 3rd place and coaching them as they remain in the Top 5 at International ever since. Before she became a Professional Executive Coach, Jan worked in senior positions in the not-for-profit world of live theatre – running theatre companies and cultural organizations and producing shows.