



sweet  
adelines  
new zealand  
*presents*

# THE POWER WITHIN

*with vickie maybury*

**11 - 13 OCTOBER 2019  
WELLINGTON**

**WELLINGTON BRIDGE CLUB,  
17 TINAKORI RD, THORNDON  
REGISTRATION \$150**

INCLUDES FRI DINNER  
SAT LUNCH, MORNING & AFTERNOON TEA  
SUN MORNING TEA & LUNCH

*for* FRONTLINE, CERTIFIED  
ASSISTANT & ASSOCIATE DIRECTORS,  
DCP TRAINEES, CHOREOGRAPHERS,  
SECTION LEADERS & ASSISTANT  
SECTION LEADERS.

*fill your toolbox:*  
UNITY | SYNCHRONISATION | EXPRESSION  
CHARACTERISATION MUSICALITY | ENERGY  
COMPETITIVE SPIRIT & MORE!

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[SWEETADELINES.CO.NZ](http://SWEETADELINES.CO.NZ)



## *meet vickie*

**Master Director 700 Vickie Maybury is a highly sought-after coach known for helping singers “find their voices” through a highly engaging teaching style.**

Vickie serves as the Expression Category Specialist, is a Certified Expression Judge, and is Certified International Faculty.

Vickie has been the Denver-based Skyline Chorus's musical director since 1984. Inspired by her exceptional leadership, Skyline has ranked in the top 10 Sweet Adelines International choruses since 2004 and is the 2018 4th place international medalist.

Vickie's expansive teaching repertoire includes vocal production, the psychology of performance, understanding how the Expression Category affects performance, the art of expressive singing, singing with freedom, resonance, and ring, along with classes on leadership, effective team development, empowering women, and identifying and supporting emerging leaders.

Vickie's greatest joy is celebrating the successes of those she is privileged to work with.

# workshop programme

## workshop songs

We Are Family, When I Fall in Love  
& How We Sang Today

## friday 11 october

- 6.30 - 8.00pm Dinner
- 8.00 - 10.00pm **Sharing the learning** Classes by regional education award recipients and/or sharing of learning and experiences from the San Antonio Directors and Visual Leaders Workshop.
- Director one-on-one sessions**  
Vickie provides arm-waving feedback to individual directors (*limited availability*)

## saturday 12 october

- 9:30 - 10:30am **Why I Fell in Love with Barbershop (The Expression Category)** Bold with a smooth, buttery finish and just a hint of caramel - a sunburst of flavour that caresses the palate. A mesmerising journey toward better understanding the oft-exclusive Expression category, the judging criteria and the impact the category has on performance.
- 10:30 - 11:30am **Musicality: Finding the Power Within (Discovering the musical message)** Become a musical artist and transcend technique. Deepen your understanding of musical artistry and more fully grasp its impact on performance.
- 11:30 - 11:45am Morning tea
- 11:45am - 12:45pm **One Grecian Urn (Understanding and achieving synchronization and unity)** Develop better internal and external synchronisation through effective and fun techniques and approaches.
- 12:45pm - 2:00pm Lunch
- 2:00pm - 3:00pm **Fuel for the Pump (Energy)** Understand internal and external energy and the impact it has on the individuals and ensembles performance experience. Includes strategies for building ensemble connectiveness.
- 3:00pm - 3:15pm Afternoon tea
- 3:15pm - 4:15pm **Character: Set it Loose!** Learn how to understand and bring character to life - and why! Elements include vocal inflection, story telling, expressing emotional intent, physical body language and enhancing choreo plan.
- 4:15pm - 5:15pm **Traps Musical Directors Fall Into** Find yourself teaching to the slowest learner and trying to please everyone? This class provides strategies for creating fast-paced rehearsals and suggestions for learning a new song.

## sunday 13 october

- 9:30am - 10:30am **Waking Up the Voice - Gentle nuzzles, not "Wakey wakey, eggs and bakey!"** Warmups and techniques for the voice, even when it may be fatigued or sick, that will allow you to sing and perform with greater ease.
- 10:30 - 11:30am **Fixes for Spots: Ring - But not around the collar** Techniques and approaches for building unity, legato delivery, lock & ring, projection, clarity, focus, memorising and remembering music & more.
- 11:30 - 11:45am Morning tea
- 11:45am - 12:45pm **Vocal Apex: Vocal Fast Start!** Integration tools and resources to help get new members up to the ensemble's level quickly and effectively.
- 12:45 - 2:00pm Lunch
- 2:00 - 3:00pm **The Competitive Spirit (This is a game-changer class)** Embrace the competitive spirit to propel improvement. This class particularly addresses what might keep women from embracing their competitiveness, talent, drive and ambition.
- 3:00 - 3:15pm Questions & closing remarks.